Social Story
What to expect when I visit the Delaware Museum of Nature and Science

1. Entering the building
2. Check in
3. Exploring exhibits
4. Break time!
5. Leaving the museum
2. Entering the Building

I am going to the Delaware Museum of Nature and Science. When I get inside, there is a lot to look at. If I look up towards the sky, I will see a big squid! There are many animals and fossils for me to explore. But first we go to the front desk, where my family and I will check in.

I am feeling super excited, but I still have a calm body so I can have fun! To have a calm body, I can breathe in for 1, 2, 3, 4, 5, seconds and breathe out for 1, 2, 3, 4, 5 seconds!
When we get to the front desk, I will wait for my family to check us in. There are pamphlets in front of the desk that tell us about all of the cool animals and exhibits we can visit as we walk through the museum.

If it gets too noisy, there are safe spaces where I can go to take a break. We can ask for a scavenger hunt for me to do inside and an outdoor scavenger hunt to move my body outside! We can ask the front desk for access to the respite room if I need a break!
3. Exploring Exhibits

If I go to the PaleoZone, Regional Journey Gallery, or Global Journey Gallery, I will hear a lot of different noises. There will be animal noises coming from above, murmurs from the hallway, and chatter from the room. I may see other kids like me playing near the exhibits. If I come in the afternoon, these noises may be quieter.

If I go to the Nature Nook, I will be able to play with lots of toys, read books and touch many things. I can join story time here at 10:30 a.m. If I need a break, I can go in the Cave, which is dark with pretty lights.
4. Break Time

**Outdoor**
If I need a break to move my body and enjoy nature, I can ask for an outdoor scavenger hunt from the front desk. I can follow along the Nature Trail behind the museum. I can also walk along the Evolution Trail, where there are many options to sit. This trail allows for mobility devices if we need it.

**Indoor**
If I need a break to stretch my body or relax inside, we can ask for a key to the respite room, located in the Regional Journey Gallery. Here I can play with fidget toys, do some animal yoga, and dim the lighting how I like it. I can also go to the rest and recharge area for food and sitting.

If I want a soothing experience, I can go see the jellyfish at Deep Sea Dive in the Global Journey Gallery or find the dark cave in the Nature Nook.
5. Leaving the Museum

When it is time to go, I will leave the museum. When I leave, I will walk out the same doors I came in. I will say goodbye to the squid and head back to my car with my family. I can take my scavenger hunt with me. I had so much fun at the Delaware Museum of Nature and Science!